

## WEDNESDAY, OCTOBER 29, 2025,

Noon-1:30 pm ET / 9-10:30 am PT via Zoom

Join us for a presentation by psychologists Dr. Michelle Chung and Dr. Laura Bresenbrugge exploring how today's achievement-based world can affect our kids and how parents can support them, and stay for a NYC-Parents In Action led peer-to-peer breakout sessions with other parents to discuss the topic and share perspectives, experiences, and advice.

**REGISTER:** 



Live Event Only! Registrations are limited, and this will be an interactive session. Please register only if you're able to attend, so we can make space for everyone who wants to join.

Submit your questions when you register. Tickets are \$15. Financially supported tickets are available.

The Modern Asian Parent www.themodernasianparent.com

NYC-Parents in Action

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